

Heebie-Jeebies

Philippians 3:13-14 “Brothers, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead, I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.”

There’s a big black wasp to my left, and I roll down the window. Too late, it flies to the back of the car. Now the wasp finds a landing place on my collar.

I’m driving down the road, and my wife is trying to get my shirt unbuttoned so the wasp can fly out. I could swear the wasp has made it down my shirt, and is crawling into my pants. I’m finally able to pull the car over, go to the restroom, and have my lunch appointment with a friend.

The whole time I’m eating my General Tso Chicken, I could swear that wasp is crawling down my backside. Then I think the wasp might be in my hair. Lunch time comes to a close, and I was never able to fully connect with my friend because I was pre-occupied with the heebie-jeebies.

My wife picks me up, and I say, “I still think that wasp is in my clothes. I could swear I feel it!”

“I don’t think so honey. We found it, and it flew out of the car after we dropped you off.”

Here’s the point: Many of us spiritually have the heebie-jeebies because we bring past hurt into present life experiences; Pain, shame, and guilt that Jesus already took the sting for us at the cross. Like a friend said, “Don’t bring old pain into new experiences that God gives you.” Some have said, “Don’t let your past poison your future.” Leave all that junk at the cross, press on toward God’s goals for your life, and don’t let past pain sever today’s connection with God and people.