

How to Rest in the LORD

Joshua 1:13 "Remember the command that Moses the servant of the LORD gave you: `The LORD your God is giving you rest and has granted you this land.'"

I've met many people who are great at working, but horrible at resting. Also, true rest is not to ever be confused with laziness, because we've all known people who work really hard at being lazy by leeching off of others.

Rest is God's gift and privilege to his children. It is experiencing the peace of God by walking and relying on his purpose, provision, and power for your life.

If you take this by faith, you won't have to work a day in your life. You will experience what the Bible calls entering into God's Sabbath rest for your soul. Hebrews chapter four is the best explanation in my opinion, and the life of Jesus Christ is the best example.

Jesus labored as a carpenter, but rested with his Father God. Jesus never had to work at ministry; he just had to walk with the Father.

The keys to entering God's rest are found in relationship with God, and knowing that life is all about His glory, not ours. There are works of faith that brings us into the rest of God, which teach us how to relate to God: 1) John 6:29 which says, "Jesus answered, 'The work of God is this: to believe in the one he has sent.'" 2) Pay the debt of love to God and Man. Romans 13:8, "Let no debt remain outstanding, except the continuing debt to love one another, for he who loves his fellowman has fulfilled the law." 3) Let God's Word work for your circumstances (Psalm 119 and 138). Praying God's promises will produce more in five seconds than you could in your flesh in five lifetimes. 4) Never navigate your life and purpose around people-pleasing; live only for pleasing God.