

## Trigger-Happy Pain-Killers

**Proverbs 27:12 “The prudent see danger and take refuge, but the simple keep going and suffer for it.”**

I had a cavity that required a digging permit. The drill hit a nerve, my body recoiled, and I started to sweat profusely. At that point, I would've let the dentist pump any mood/pain-altering drug into my body as long as it would take away the pain. I wasn't concerned about side effects, the size of the needle, if it was legal or not, or how my wife and kids were doing. To not feel anything would be a precious escape.

People get emotional cavities, and that makes drilled nerves look like hang-nails.

How does emotional pain scream? Through real loneliness and relational despair. Just exist on this planet, and you'll get an emotional cavity. This world loves to beat, molest, reject, and choke God's beautiful design.

Think about a tooth ache. You can take some over the counter stuff, not eat on that side of your mouth, or just drink liquid food. And you can manage, but life pretty much stinks in the meantime.

You exist until....OWEEE! Something hits the infection, paralyzes you, and then you say, "That's it! I need to do something about the pain."

Emotionally speaking, this is called a "trigger". That's the emotional device that God put in you to bring you to the source of life and healing, and that's what Satan loves to twist for your destruction. Feelings of rejection, stress, abandonment, and even your environment can be forms of "triggers".

Whenever your trigger is pulled, and the pain is really throbbing, you can do one of two things: Reach for Satan's convenient shelf of narcotics of addiction and idols. Or, you can flee to God's presence, and let him cure you at the source. Waiting and trusting in God does hurt more at the beginning. After his surgery, that emotional pain doesn't have to define you again.