

When Prayer and Bible Doesn't Work For You

Proverbs 7:22-23 “All at once he followed her like an ox going to the slaughter, like a deer stepping into a noose till an arrow pierces his liver, like a bird darting into a snare, little knowing it will cost him his life.”

I'll paraphrase Ted Roberts writing, “Many people come into my office and say that they've tried praying, reading their Bible, and every other thing under the sun to get free of their struggle and can't do it. Also, they've sought help, only to receive the answer, 'You just need to pray more, read your Bible more, and have faith, then you would get over it.' Only to find themselves feeling helpless, and in more bondage.”

If this describes you, let me sum up his conclusion: Your problem is that you have a noose tied around your soul keeping you under, and you're spiritually drowning. The noose is a four-cord strand that must be dealt with and cut at the Cross of Christ, or you will find yourself more bitter and spiritually frustrated the harder you try to break free.

The first cord of the noose is the destructive mindset which is composed of feeling worthless, unlovable, alone, and so you medicate the mindset with the need for a high.

The second cord is the destructive lifestyle/cycle which is composed of meditating on whatever sinful habit you struggle with, the ritual it requires, keeping the lid on it (the cover up), further shame and guilt, and starting it all over again to medicate the shame that is defining you.

The third is the destructive cloak characterized by denial, delusion, and blame.

Fourth, is the destructive root caused by unresolved family dysfunction, personal trauma, and any parts of your spiritual environment that trigger sinful behavior.

Ask yourself now how what Christ accomplished can cut the cords of the noose hindering your relationship with God the Father.